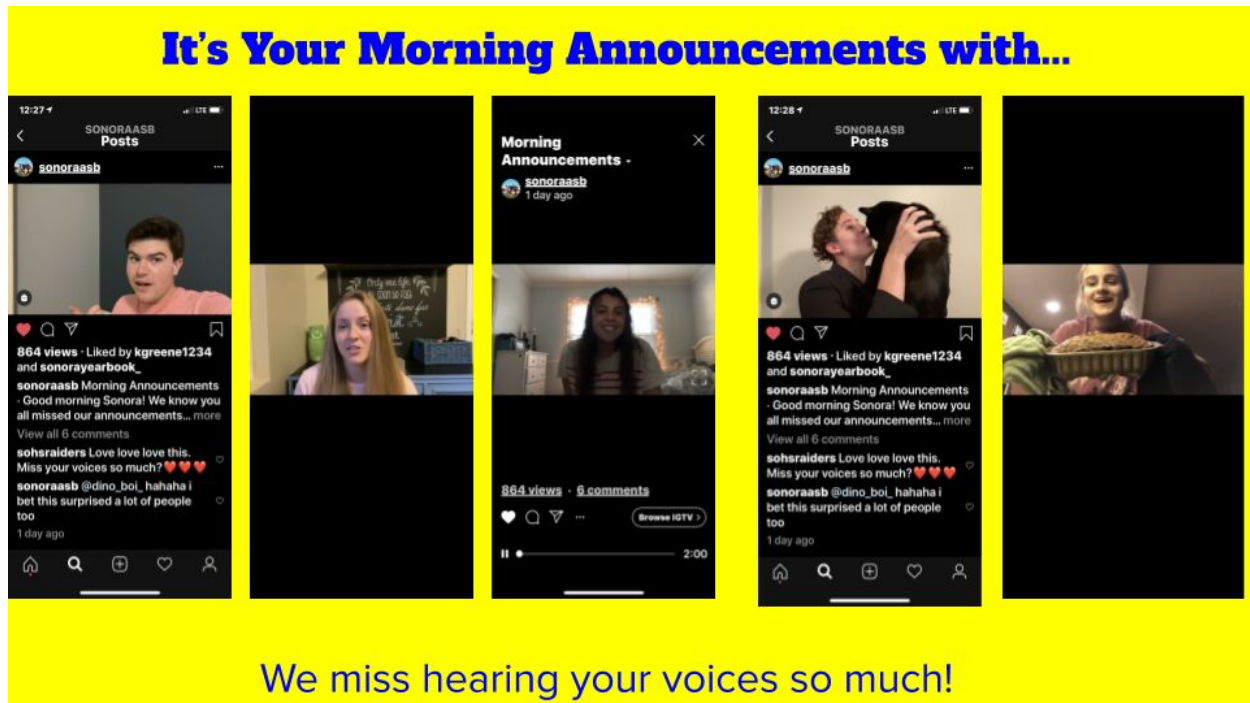
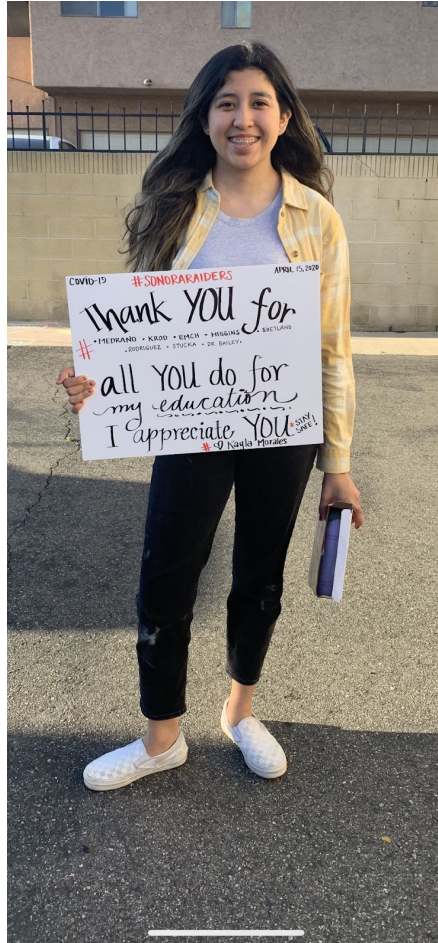


# Sonora High School - Raider Report

April 19, 2020, Vol. 1, No. 4



In these difficult times we are all searching for some sense of normal life and what says starting off your day in the Sonora Way better than the Morning Announcements? Um, nothing! Our Amazing Sonora ASB took to Instagram this week and posted the Morning Announcements, complete with different backgrounds and a super funny joke! Thanks to Sara, Amanda, Tommy, Trinity and a very concerning version of Abram...we hope he is feeling OK! Hey Sara, is there any of that yummy bread left over...asking for a friend!



### [We Appreciate You!](#)

Many of our Staff received a wonderful note of thanks this week from Kayla. I know that it meant so much to our Staff to see this wonderful picture and read the sign with encouraging words for our Staff and Sonora Community! Our Staff is doing an amazing job with “Distance Learning” for all of our Raiders! Thanks to all of our Raiders who are keeping up with attendance and assignments on a daily basis. Keep working hard and we hope this will all be over soon! Thanks again Kayla!



### [Making the best of this time with...Family Time](#)

If this is not one of the “coziest coach photos” ever, we are not sure what is! Aiden and her family are certainly making the best of these trying times with some quality family time, complete with her parents, younger sister and two very cute doggies! We think that taking time to create togetherness during this time of “social distancing” is so important and we thank Aiden and her family for sharing this picture with our Sonora Community! We love and miss you all so much Raiders. Stay safe!



### [Thank You La Habra Police Department](#)

We are grateful and thankful for the protection, care and concern that we receive from the great men and women who serve in all areas of public service, especially those in the La Habra Police Department! Earlier this week we found 2009 Sonora Grad, Officer Luitwieler, making sure that our Sonora Campus was safe and sound! Looks like he found a “questionable suspect” here taking a selfie at a safe “social distance.” Stand firm on that parking ticket Officer, no matter who that guy says he is! Be safe out there La Habra PD and all of our First Responders!





## Walking, no Running Sonora Staff!

Two Fridays ago our Amazing Sonora Staff was involved in a Virtual Staff meeting where great ideas were shared and implemented that focused on improving Distance Learning for our Students. The best part of this day for many of our staff was just seeing and interacting with each other! This was just a small sample of engaged learners in this Zoom Meeting. We promise, the staff was told to “walk not run” to their computers to begin this meeting...safety first, even in the digital world! Keep those positive emails coming Raiders...our Staff appreciate them all so much!



### [Football Flashback!](#)

Flashing back to a time when we could all be together and celebrate is so much fun during these times away from school! This photo was shared by our amazing Head Football Coach, Mr. Martinez. The team got together and thanked our local 7-Eleven for their donation to the Program. We are so hopeful to have football in the fall, until then, stay safe Raiders. We love and miss you all!





### [Crazy Hat Day...Still Happening!](#)

If you are in Mrs. Blevins' English class then you know that one of the "requirements" for the most conducive (and fun) learning environment in her class throughout the year has been wearing your crazy "Poetry Hats." We are so glad to see that this Sonora Tradition is still happening in the virtual environment. This is one of the more festive examples of a "Crazy Poetry Hat" as donned by Sara. If the crazier the hat means the deeper the learning, then Sara is a poetry master! Keep having fun in this Distance Learning Environment Raiders, we will continue to make the best of this time with you!



### [Creative Workouts, Raiders!](#)

Since the gyms have been closed, we have all needed to be more creative and resourceful to keep in great Raider Condition! Getting some exercise and implementing effective Social Distancing are Anya and Kyra! These deep knee street lunges are a perfect way to get out and keep limber during these unprecedented times. Keep the fitness tips coming Raiders and we will get out there and try them out! Send all tips to [abailey@fjuhsd.org](mailto:abailey@fjuhsd.org) and we will try to get you and your fitness crew into future Raider Reports.

Comments or feedback - like us on Twitter @sohsraiders and Instagram: sohsraiders

*- Raider Pride (Hoping Very Soon To Be ) All Clear !*